

# Peterborough 360 NPLC Safer Supply Program - at a glance

## What is Safer Supply?

Safer supply programs (SSPs) are one of many needed responses to the drug poisoning crisis. Typically, safer supply programs provide participants with a known, regulated pharmaceutical supply of opioids that can either replace, or in part replace the toxic street supply. The aim of SSPs is to improve the safety and quality of life of people who use drugs.

## Safer Supply @ 360 NPLC

At the 360 NPLC, in addition to providing a safer alternative to the toxic street supply, the program includes primary healthcare, social support, community space, and social programming.

*"This is the first time I actually am seeing some form of daylight for my addiction."*

**86%** Using less fentanyl

After 12 months in the program, **43%** reported a reduction in fentanyl use and **43%** reported being fentanyl abstinent, which represents **86%** of participants reporting using less fentanyl.

**43%** Fentanyl abstinent

**79%** Reduction in overdoses

*"It helps me crazy amounts I used to OD all the time on stuff. Before I OD'd like 24 times. Since I was on the program I only OD'd once."*

**79%** fewer overdoses in the last 6 months of data analysis compared to the 6 months prior to enrollment.

**50%** Reduction in injection drug use

Of participants exclusively injecting fentanyl at enrolment we saw a **50%** reduction in injecting by 12 months.

**43%** Reduction in stimulant use

**76%** reported stimulant use at enrolment. This dropped to **55%** at 6 months and **43%** at 12 months.

**71%** Reduction in criminalized activity

**71%** reported a decrease in criminalized activities such as survival sex work, selling drugs, and theft after 12 months in the program.

*"It helps because I don't have to go out and do stuff that I don't want to do to get drugs."*

# 94%

## Feel more stable

94% indicated that life felt more stable after 12 months in the program.

*"This stabilizes a lot of stuff. You know, it's making me human again."*

### Improved access to mental health and social supports:

# 79%

of participants received counselling for mental health issues.

# 66%

were supported in obtaining identification needed to access numerous systems and benefits.

# 67%

of participants indicated that their mental health had improved after 12 months in the program.

*"I'm happier. My mind is clearer. I'm seeing my son every week. Now, I've got us all a place to live."*

### Improved access to primary care:

# 93%

of participants were screened for health issues including infections, diabetes, heart disease & cancer.

# 66%

received preventive vaccines and **48%** connected to Specialist care.

# 75%

of participants indicated that their physical health had improved after 12 months in the program.

*"This is by far the best my health has been, better than it has in years."*

# 79%

## Received health care interventions to increase income

Income interventions included applications for disability benefits and increased access to funds for nutritional support and medical transportation.

# 58%

## Reduction in Emergency Department use

At intake **73%** of participants had visited the emergency department in the previous 4 months, at 12 months this had reduced to **31%**.

#### Contact Information:

Peterborough 360 Degree Nurse Practitioner-Led Clinic  
info@nplc.ca

www.360nursepractitionerledclinic.ca

Full reports on the 360 NPLC Safer Supply Program can be found at:

[www.360nursepractitionerledclinic.ca/documents/](http://www.360nursepractitionerledclinic.ca/documents/)

**Peterborough 360 Degree  
Nurse Practitioner-Led Clinic**

